

# The Grace Notes *Newsletter*

FALL 2024 NEWSLETTER



## Lifestyle by Design

### SIMPLIFY YOUR LIFESTYLE

How an Organizer & Coach can help get you started. . .

If your home or business is in chaos and you don't know where to begin, a professional organizer can provide you with a fresh perspective and help you get started on your organizing journey. They can design spaces with less clutter, making your life easier and more enjoyable.

# Organizer & Coach



**Organizer & Coach helps you:**

*When you're ready I'm ready*

Master the art of decluttering and organizing with actionable techniques that transform your home or workspace. Our business offers strategies and solutions for tackling clutter, maximizing space, and creating functional, beautiful areas that promote productivity and peace of mind.



# Organizer & Coach *for kids*



**Supporting children in living their best life**

*Children thrive on habits and function . . .*

Rather than focusing solely on academic subjects like traditional tutors, professional organizers serve as coaches dedicated to assisting children in developing organizational skills, improving time management, and mastering effective study habits. Life coaching for kids acts as a bridge between parents and their children, empowering them with essential skills to successfully navigate challenges and challenging situations.

With the guidance of an organizational coach, your child can develop effective habits and systems to maintain a tidy and organized environment. This approach will assist them in efficiently tracking their homework assignments, worksheets, and projects, ensuring that all deadlines and due dates are met.

# Workshops + Events



## Discover Your Path with Our Year-Round Workshops!

Get ready to embark on a journey of self-discovery, creativity, and organization with our specially curated workshops, designed to empower and inspire. We're thrilled to offer a diverse lineup for every passion, goal, and creative spark. Here's a sneak peek at what's coming up:

Vision Board workshop  
Journaling workshop  
Make your own journal workshop  
Time Management solutions  
Wine & Redesign workshops ... FUN!  
Organizational Solutions workshop  
.... Many more!



## *Welcome to Lifestyle by Design*

At Lifestyle by Design, we understand that a clean and tidy space is essential for your health and productivity. Whether it's your home or office, our team of experts is here to help you transform your chaos into calm.

Thank you for taking the time to read this newsletter ~ I know how precious your time is!

### *Services We Offer:*

- **Small Office Cleaning:** Elevate your workspace with our professional cleaning services, tailored to meet the unique needs of your business.  
**Organizing Solutions:** Our organizing wizards will declutter and transform your space, creating functional and beautiful environments.
- **Specialized Cleaning:** We handle everything from post-construction cleanup to move-in/move-out deep cleaning, ensuring every nook and cranny is spotless.
- **Residential Cleaning:** From deep cleaning to spring cleaning along with Holiday prep & cleaning, we make sure your home is a haven of cleanliness and comfort.

*Yours in Chaos to Clarity, Cheryl*

*Need more help than what I can offer here? If that's the case, my one-on-one coaching programs might just be the answer you've been looking for. Let's set up a quick chat to see what's stopping you from getting your life in order, and how I can help. I'm excited to work with you!*

*We Serve Southeastern CT & parts of Rhode Island*

**CHERYL CAMACHO Owner & Organizer**

**CELL PHONE # 860-941-8630**

**A TEXT gets to me faster: Name, Issue, the Best time to return call**